

**Saturday Time Trial**  
**March 2, 2024**  
**Olympic Oval, Calgary**  
**Final Schedule**

**Saturday March 2**

<b>07:30</b>	<b>Warmup</b>		
<b>08:30</b>	<b>Zamboni</b> - All Skaters must leave the ice No Skaters while Zamboni is on the Ice		
<b>09:00</b>	Mixed 500m		Pair 1 – 24
	Move Start		
<b>10:00</b>	Mixed 5000m		Pr 1
	Mixed 3000m		Qt 1 – 6
	<b>Warmup</b> –( 20' approx.)		
<b>11:15</b>	<b>Zamboni</b> - All Skaters must leave the ice No Skaters while Zamboni is on the Ice		
<b>11:35</b>	Mixed	1500m	Pr 1 - 3
	<b>Move Start and Finish</b>		
	Mixed	1000m	Pr 1 - 28

All Bold times are restart times. (We will not start before that time)

No trains with more than 2 skaters together.

Rest on the inside of the warmup lane only.

No accelerations on the start turn and through the start area.

**FINAL PAIRS WILL BE ON SPORTITY ONE HOUR BEFORE EACH START TIME.**

**ALL SKATERS MUST HAVE THEIR OWN ARMBAND.**

